COMMUNITY RESOURCE LIST
Serving Prince William County, City of Manassas and Manassas Park

EMERGENCY NEEDS (Food, rent, utilities, etc.)

Emergency Assistance (food, shelter, clothing): 703-221-3188 (Eastern Prince William County)

ACTS
Main Campus: 3901 Acts Ln. Dumfries, VA 22026
Manassas: 9317 Grant Ave. Manassas, VA 20110
Phone: 703-441-8606/ 703-221-3186/ Fax: 703-221-0662
Email: info@actspwc.us
Emergency Assistance
Hours: Monday 1-3pm (by appointment) (serves PWC east end only)
Food assistance- Hunger prevention center & utility assistance
   Hours: Monday 9-11:30am, 1-3pm, Tuesday 1-3:30pm, 5-6:30pm, Wednesday closed,
   Thursday 9-11:30am, 1-3pm, Friday 9-11:30am
➤ Documentation needed in addition to the documentation listed below;
➤ Lease/ Mortgage papers, pay stubs/ benefits letter
For financial help & cut off notices please bring the following: (1st come 1st serve)
➤ Proof of income for whole household (SSI, Work, Child Support etc.),
➤ Household verification (Birth Certificate, Social Security Card, mail- last 30 days)
➤ Picture ID, Proof of address if different from ID.
➤ Bring disconnect notice for utilities & eviction notice for evictions.
Assistance in medical and health care- discounted or free emergency prescriptions and medications

SERVE
Food Assistance
   Campus Phone: 571-748-2600 (Manassas, Manassas Park, Prince William)
   Contact: 571-748-2680
   Mon. 1-3pm, Tues. & Thurs. 9:30-11:30am/ 1-3pm, Wed. 5-7:30pm, Fri. 9:30-11:30am
Shelter, Housing, Utilities: (703)-792-3366
   Email: CE@pwegov.org
   Assistance Email: Shutdown@nvfs.org
   NVFS Headquarters: 571-748-2500/ info@nvfs.org
For financial help & cut off notices please bring the following:
➤ Proof of income for whole household (SSI, Work, Child Support etc.)
➤ Picture ID, Proof of address if different from ID.
➤ Proof of residency in Prince William County, City of Manassas, or City of Manassas Park
➤ Bring disconnect notice for utilities & eviction notice for evictions.
➤ Proof of rent & utilities allowance from Housing Choice Voucher program (section 8)
• Some prescription assistance available when funds are available.
• Warehouse Manager: Darrell Dixon 571-748-2602
• Community Engagement: Navara Cannon 571-748-2536

Catholic Charities (Located in Alexandria Serves all of Northern VA (except Reston and Herndon) including Roanoke)
Emergency Phone: 703-548-4227 –press “5”/Fax 703-549-1656
Email: EA-CH@cdda.net
Monday-Friday 10am to 2pm are intake hours. You must call first to be screened for help.
• Rent, subsidized housing for rent, prescriptions, utilities, clothing and food.
  • Food assistance: Wednesday and Thursday 9-1pm
  • Clothing assistance: Thursday 10-12pm
  • Financial Assistance: By appointment Monday-Friday 9-2pm
• Call early in the month (703) 425-0100 8:30 – 4:30 Monday through Friday for services include free counseling for birth mothers, adoptions, post adoptions, family counseling, pregnancy, etc. (This is a different office but they refer you) (3251 Old Lee Hwy #402, Fairfax, VA 22030) Email: adoptinfo@ccda.net
• Rental/utility assistance call (703) 548-4227. Can’t assist with utility balance if not residing in identified address and/or delinquent bill after moving. $600 max on assistance. Accepting calls ONLY on Mondays 8am-1pm.
• Mobile Response Center: Provide basic supplies, MRC goes to St. Bosco Catholic Outreach Center (207 N Main St., Woodstock, VA 22664) every third Tuesday of each month 11-1:30pm.
  • Phone: 703-479-2975 ext. 107 Email: MRC@ccda.net

Holy Family Catholic Church (serves eastern end of PWC only) 14160 Ferndale Rd. Dale City, VA 22193 Phone: 703-730-1791 Food pantry

Capital Area Food Bank 6833 Hill Park Dr. Lorton, VA
Phone: (703) 541-3063

Food for Others Phone: (703) 207-9173

Church on Rock Ministries 17742 Main St. Dumfries, VA 22026
Phone: (703)441-2700

St. Vincent De Paul 9300 Stonewall Rd. Manassas, VA 20110
Phone: 703-491-1900 (Woodbridge) Monday & Wednesday 5pm to 6:50pm
Phone: 703-368-2429 (Manassas, Manassas Park, and Western Prince William County)
  • Food Supplement
  • Rent & Utilities
  • Bring picture ID and Cut off notices.

Dumfries United Methodist Church (Mon-Thurs. 8:00a.m.-3:30 pm)
Phone: 703-221-2880
  • Food and clothes closet, financial assistance with utility bills, and emergency prescriptions.

Revised March ___, 2019
- 15-minute devotional services
- Must live in Dumfries, Triangle, or Quantico area

**Salvation Army** (Mon.-Sat. 10:00am-9:00 p.m.)
Phone: 703-580-8991
4343 Ridgewood Center Dr. Ste.A Woodbridge, VA 22192
Physical Address: 1483 Old Bridge Rd. Suite 102, Woodbridge, VA 22192
Medication - Angel tree
- Food and financial assistance (must have cut off on utility and for rental assistance—must have eviction notice).
- Must bring picture ID, proof of income for all working persons in the house. If children, bring social security and birth certificate.
- Services include clothing vouchers (for thrift store) and prescriptions (case by case).
- Restocks the first of every month—first come first serve.
- (703) 580-8991 is the contact for financial assistance. If funds are available financial assistance is quicker with utility bills vs rent. Do provide assistance with security deposit. Can only provide financial assistance to a person once every 12 months.
- Agency does offer a Rental Assistance Program.

**St. Frances/ Francis House** (Wed 10am)
Phone: 703-221-6344 (one night)
- Food closet—first come first serve, financial assistance available once every 3 months—emergencies only (prescriptions, evictions, or utility cut off).
- Holiday’s meals, school items, and more for low income families.
- Single mothers support group meets monthly.
- After school youth tutorial program (Mon-Thurs. 4-5 pm)
- Must live in Dumfries, Triangle, or Quantico area.

**Emmanuel Baptist Church** (Thursday 12-2pm) serves PWC west end, Manassas City and Manassas Park) 8006 Centreville Rd. Manassas, VA 20111
Phone: 703-368-9206
- Food closet
- Rent and Utilities (as funds are available)

**Manassas Assembly of God** 11500 New Life Way, Bristow, VA 20136
Phone: 703-368-2895
Food & Clothes pantry; Wednesday’s at 1:00 p.m.

**Manassas First Baptist Church** 9258 Center Street
Phone: 703-368-2935
Hot lunch & dinner Tuesdays and Thursdays

**Manassas Baptist Church** 8730 Sudley Road Manassas, Virginia 20110
Phone: 703-361-2146
- Food & Clothing Pantry Wednesdays
• Clothing is offered on a first come and served basis to those that qualify. There may be suits for work, school supplies, notebooks, book bags, and general, everyday clothes.

**Manassas Hunger & Homeless Outreach Ministries Inc.**
- Community Meal: Portsmouth Commuter Lot on Williamson Boulevard & Portsmouth Rd., Manassas, VA 20109 (Sundays at 1pm)
- Food pantries and clothing closets

**Hilda Barg Shelter** 14945 Jefferson Davis Hwy, Woodbridge, VA  
Phone: 703-680-5403  
Open all day Tuesdays and Sundays

**House of Mercy** 8170 Flannery Court Manassas, VA 20109  
Phone: 703-659-1636

**Voluntary Action Center** 9248 Center St. Manassas VA  
Phone: 703-369-5292

**Manassas St. Thomas** (serves Manassas City, Manassas Park and PWC)  
Phone: 703-368-5161 Mon-Fri, 9:00 am–5:00 pm.; Youth Group 703-361-3212  
Food Pantry: Saturday mornings 9:00 am–11:30 am.  
Rent & Utilities (as funds are available) – No funds available for over 1 year.

**Christian Cathedral:** 8025 Rugby RD, Manassas, VA  
Food bank phone: 571-292-2839 contact person Marcia Penn

**First AME Church of Manassas** (serve City of Manassas and Manassas Park & PWC)  
Phone: 703-361-8791 Monday–Friday 10 am to 4:30 pm  
10313 South Grant Ave. Manassas, Virginia 20110  
• Food Pantry  
• Rent (evictions an 5 day pay or quit only)  
• Utilities (cut of notice only)

**Coalition Against Hunger** Phone: 703-754-1355

**Cornerstone Refuge Church of Christ** 8809 Commerce Ct. Manassas, Virginia  
Phone: (703) 332-6672  
• More information, call 804-521-2500. Families can learn about the Summer Food Service for children. Also, Meals on Wheels services, Senior Brown Bags, as well as Emergency Food Assistance Program (TEFAP)

**Department of Social Services SHARE (Homeless Intervention Program) HIP**  
Phone: (703) 792-7648  
7987 Ashton Avenue, Suite 200, Manassas, Virginia 20109  
• Assist with rental payments, security deposits and mortgage assistance. Also runs Manassas Housing Trust Fund PWC Homeownership Assistance Program (HAP).
Must meet income eligibility, have an unavoidable crisis, and show prior self-sufficiency

**Tabernacle Baptist Church** 8275 Barrett Dr. Manassas, VA 20109  
Food Bank Phone: 703-368-8610 Sunday 10-6pm and Wednesday at 7pm

**Northern Virginia Family Service of Prince William** 10056 Dean Dr. Manassas, VA 20110  
Phone: (571)748-2600  
- Food bank available, most support will be around self-sufficiency and benefits. Financial aid is also arranged around housing, energy cost, and job placement.

**JASA Inc.** Phone: 703-306-3066  
- Financial assistance - rent and utilities, toys for tots, affordable housing, job programs, transportation, and more.

**Seven Loaves Services** 15 West Washington Street, Middleburg, Virginia 20117.  
Phone (540)-687-3489.  
- Food assistance

**The Walls Christian Ministry** Phone: (540) 720-7200  
- Household goods, shoes, free footwear for students at school or work boots, and other family clothing is provided.

**Infant Care Supply Center of Prince William County** Phone: (703) 841-0139  
- The focus is on infants, pregnant or single moms, and new babies. The non-profit has baby clothing, maternity goods, and more. Only one bag of clothes may be given for free, depending on donation levels.

**St. Paul United Methodist Church** 1400 G Street, Woodbridge  
Phone: 703-494-2445  
- St. Paul offers a clothing closet on the 1st and 3rd Thursdays of each month from 3pm – 5:30pm.

**Abuse & Neglect**

Adult & Child Protective Services-(703) 792-7500 or (888) 832-3858, if after 5pm.  
Adult & Child Protective Services-(703) 792-4200 to report suspected child abuse anytime.  
Child Abuse Hotline-1-800-552-7096 or 1-804-786-8536 (out of state)  
Child Protective Services- (703) 361-8277 City of Manassas  
Child Abuse Hotline Hearing Impaired 1-800-222-4523

**Alcohol/Drugs/Substance Abuse**

Community Services Board (CSB)-Mental Health  
(Plan and operate services for persons with mental illness, mental retardation, or substance abuse problems)
(703) 792-4900 Woodbridge
(703) 792-7800 Manassas (Mon.-Thurs. 8:00 a.m.–9:00 pm, Fri. 8:00 a.m. – 5:00 p.m.)
(703) 792-7879 Infant Information/ Early Intervention

Alcoholics Anonymous: (800)-208-8649 or (703) 293-9753 or (202) 966-9115
ALANON and ALATEEN: (703) 534-4357; 8569A Sudley Rd., Manassas, VA 20110
Narcotics Anonymous: 1-800-543-4670 or (800) 407-7195 or (202) 399-5316
Community Services Board (mental health and substance abuse services for those eligible):
Manassas 703-792-7800; Woodbridge 703-792-4900
Smart Recovery DC: (703) 625-5720
Alcohol Hotline: (800) 331-2900
Al-Anon for Families of Alcoholics: (800) 344-2666 or 202-635-2023
Alcohol and Drug Helpline: (800) 821-4357
Alcohol Treatment Referral Hotline: (800) 252-6465
Alcohol & Drug Abuse Hotline: (800) 729-6686
Families Anonymous: (800) 736-9805
National Council on Alcoholism and Drug Dependence Hopeline: (800) 622-2255
Poison Control: (800) 222-1222
National Institute on Drug Abuse Hotline: (800) 662-4357
Cocaine Anonymous: (800) 347-8998
National Help Line for Substance Abuse: (800) 262-2463
Manassas Health and Rehab Center: (703) 257-9770 8575 Rixlew Ln. Manassas, VA 20109

Aging /Adult /Seniors

Agency on Aging-(703) 792-6400 (PWC)
Adult Day Care-(703) 792-6374 (Mon-Fri. 7am-6pm)
Dr. A.J. Ferlazzo Building 15941 Donald Curtis Drive, Woodbridge VA, 22191 (703) 792-4990
In-Home Assistance: Personal Care- (703) 792-6374
  • Provide: Personal assistance, stan-by-assistance, supervision or cues for persons with inability to preform one or more of the following activities; eating, dressing, bathing, toileting, grooming, transferring in and out of bed/ chair, or walking.
Senior Link: ACTS Helpline- (703) 368-4141
  • Provide regular contact, safety checks, and medication reminders
Meals on Wheels: meals delivered to the homes of older homebound individuals. Mon-Fri
  • Suggested minimum donation of $1.50. Phone: 703-92-6374
Medicare: www.medicare.gov Phone: 703-792-4156
Prescription Drug Assistance Program
Needymeds.com
Dental Services NVFS- SERVE (571) 748-2600/ (703)-748-2635; 10056 Dean Dr. Manassas
Mon-Fri 9am-5pm
Northern Virginia Dental Society: 4330 Evergreen Ln. Ste. N., Annandale, VA 22003
Dominion Dental Services: (855) 836-6337; 251 18th St. S. Suite 900, Arlington VA 22202
DBA Home Instead Senior Care: 703-5300-1360
Arc-Greater Prince William/ Insight- 9208 Centerville Rd., Manassas VA 20110 (703) 361-2443
Adults Centers:
Senior Centers for adults age 60 years old and older. Serving Manassas City, Manassas Park, & Prince William County

Revised March ___, 2019
Senior Center in Woodbridge: 13850 Church Hill Drive, Woodbridge, Virginia, 22191
(703) 792-5081
Senior Center in Manassas: 9320 Mosby St.
(703) 792-6405
Open 9am-4:30pm
$25 annual fee or $2 Daily Drop-in Fee
Lunch provided on sliding scale ranging from $1-$5.25
Transportation available - $1 one-way or $2 round trip; Call Tom at 703-792-5956

Independence Empowerment Center, Inc.: 703-257-5400
Endependence Center of Northern Virginia: 703-525-3268; 2300 Clarendon Blvd. Suite 250,
Arlington, VA 22201
Legal Assistance for seniors: 703-778-6800
LSNV visits the Senior Center at Manassas every other Tuesday of each month and at the Senior
center in Woodbridge every other Tuesday of each month

Alzheimer's Support for Caregivers

First Mt. Zion Baptist Church
Contact: Stephanie Craddock (703) 670-0184 Contact email: scraddock@firstmountzionbc.org

Heritage Hunt's Marsh Mansion in the Garden Room 13451 Fieldstone Way, Gainesville, VA
20155
Contact: Jan Pennington (571) 248-0143
1st Thursday every month 6:30pm - 8:00pm

Novant Health Caton Merchant House
Contact: Mary Kren (703) 361-8841

St. Thomas United Methodist Church
Contact: Mary Kren (703) 361-8841

Westminster at Lake Ridge
Contact: Elizabeth Glyer (703) 496-3400

Prince William Senior Center, Woodbridge
Contact: Kate Tanner at (703) 501-0749, Floyd Rose at (703) 908-9280

Caregivers for Early Stage Dementia, Manassas
Main phone: (703) 361-8841 https://www.alz.org/help-support/community
Parkinson's Support Group, Westminster
Contact: Beth High (703) 491-1557 gbhigh@aol.com

Nursing Homes and Nursing Services and Complaints

Ruxton Health of Woodbridge- (703) 491-6167
Westminster at Lake Ridge- (703) 490-0854
Manassas Nursing & Rehabilitation Center-(703) 257-9770
Birmingham Green- (703) 257-0935 Manassas
Caton Merchant House- (703) 335-8402
Agency on Aging Program- (703) 792-6400
NO. VA Dept. of Health, Quality Health Care & Consumer Protection Complaints
(800) 955-1819

Seniors Services

Woodbridge Senior Center- 703-792-5081
Manassas Senior Center- 703-792-6405
Retired & Senior Volunteers- 703-369-5292 ext. 207

Budget Counseling

Financial education
Consumer Credit Counseling: 1-888-845-5669 (24 hours a day)
Website: www.moneymanagement.org
PWC Coop Ext – (703) 792-6287 for financial education
(Free) Tax Preparation- 703-257-6532 (PWC); NOVA-Manassas Campus;
www.nvacash.org/vita (volunteer income tax assistance)
Counseling locations: Sudley North Government Center
7987 Ashton Avenue Manassas, VA 20109
Dr. A.J. Ferlazzo Building 15941 Donald Curtis Drive Woodbridge, VA 22192
Financial Empowerment Center 13370 Minnieville Rd. Woodbridge, VA 22792

Clothing

B.A.R.N-monthly yard sale March- November - (703) 369-1325
Hilda Barg Shelter- clothing and food - (703) 680-5403. Open all day Tuesdays and Sundays
United Way - Prince William 1577 Spring Hill Road, Suite 420, Vienna, Virginia 22182
Phone: 202-488-2000
Voluntary Action Center- 9248 Center St., Manassas VA 20110
Phone: 703-369-5292

Dental Care

***SERVE, INC: (703) 368-2979, for adults’ only, routine care.
Northern Virginia Family Services Dental: (703) 385-3267
Northern VA Dental Society (referrals & low-cost dentures): (703) 642-5297
Dominion Dental Services (low-cost dental managed care): (703) 518-5000
Dental Hygiene Program at Northern VA Community College: (703) 822-6655

Domestic Violence

24 hour Domestic Violence Crisis hotline: 703-221-4951
Court Services Unit/Intake- (703) 792-6210
Victim Witness Assistance Program-(703) 392-7083
Legal Services of No. Virginia- (703) 368-5711
Domestic Violence Resource Specialist- (703) 792-6065
Prince William (ACTS/Turning Points) (703) 221-4951
Domestic Violence Court Office- (703)-792-4782, 9540 Center Street Manassas, Virginia United States 20110
ACTS Turning Points- Phone: (703) 368-4141
   PWC Battered Women’s shelter (703) 221-4460
   Hotline- (703) 221-4951
   3900 ACTS Ln., Dumfries, VA 22026
Alexandria Office on Women- Domestic Violence Program: (703) -838-4911
ADAPT: Anger and Domestic Abuse Prevention and Treatment (703)-968-4052
   Hotline: 703-471-6096
   TTY: 703-968-4050
Artemis Group: 703-228-1550
   Hotline: 703-228-4848
CrisisLink: Hotline: 703-527-4077
Fairfax County Victim Assistance Network: 703-360-7273
National Center for Victims of Crime: 202-467-8700
National Domestic Violence Hotline: 800-799-7233
   TTY: 800-787-3224
Office for Women and Domestic Violence: Hotline: 703-360-7273
   TTY: 703-799-8253
Virginia Crime Victim Assistance: 888-887-3418
Virginia Sexual and Domestic Violence Action Alliance
   VA Statewide Hotline: 800-838-8238
Safe Houses/ Shelters
ACTS- Safe House: (703)-221-4951
Alexandria Women's Shelter 703-838-4911
Arlington Doorways for Women & Families (formerly TACTS) Safe House
   www.DoorwaysVa.org Phone: 703-237-0881
Bethany House 703-658-9500
Fairfax County Women’s Shelter 703-435-4940
Loudfoun Abused Women's Shelter & Legal Svcs. (LAWS) 703-777-6552
My Sister’s Place, DC 202-529-5991
Shelter House 703-536-2155
Women’s Shelter 703-435-4940
   (TTY) 703-435-4940
Turning Points/Domestic Violence Shelter 703-221-4951
Empowerment House- 540-378-9372
Legal Resources:
Legal Services of Northern Virginia, Manassas: 571-482-2680

Education

Head Start Preschool/ Elementary Program
• PWC Public Schools- (703) 791-8708
• EHS SERVE Center- 10056 Dean Drive Manassas, VA - (703) 368-2979
• Georgetown South EHS Center- 9444 Taney Rd. Manassas VA- (571) 921-3020
• Manassas City- Round Elementary School Manassas, VA 20110 (703) 330-9227
• Mullen Elementary Head Start- 8000 Rodes Dr. Manassas, VA 20109-778 (703) 330-0427
• Sinclair Elementary- 701 Garner Dr. Manassas, VA 20109 (703) 361-4811
• West Gate Elementary Head Start- 8031 Urbanna Rd. Manassas, VA 20109 313 (703) 368-4404
• Yorkshire Elementary- 7610 Old Centerville Rd. Manassas, VA (703) 361-3124

Preschool Child Find Program
• Prince William County Public Schools- (703) 791-8857

Adult Education
• BEACON (G.E.D & English as a second language ESL)- (703) 368-7491
• Prince William Literacy Volunteer- (703) 670-5702
• Adult Basic Education- (703) 791-7357

Employment

PWC Career Resource Center-Woodbridge- (703) 792-4347
PWC Career Resource Center-Manassas- (703) 792-4090
Virginia Employment Center (& unemployment) - (703) 897-0407
Job Corps- 1-800-733-5627
Department of Rehabilitative Services (training and job placement) - (703) 335-5550
SNAPET- Virginia workforce Center-Prince William, 13370 Minnieville Rd., Woodbridge, VA 22192 Phone: 703-586-6800
Adult Education Department (GED) - c/o PWC Public Schools (703) 791-7357

Ex-Offenders Resources

Opportunities, Alternatives & Resources (OAR)- (703) 246-3033/ Fax: (703) 273-7554
10640 Page Avenue, Suite 250 Fairfax, VA 22030-4015 www.oarfairfax.org
One-stop affiliate- (703)792-4347
Office of Criminal Justice Services- (703)792-6065
Virginia Cares- (540) 342-9344
Department of Corrections- (804) 674-3000

Assistance for Families of Inmates

Resources available and transportation information (804) 643-2401 (Monday – Friday 9:00 am – 4:00 pm) 1 North 5th St., Ste. 416, Richmond, VA 23219

Foreign Born/Multicultural Services

US Citizenship & Immigration Services (formerly Immigration & Naturalization, INS)
• Form Request Line- (800) 870-3676
• Immigration Information-(800) 375-5283
• Inspector General Hotline- (202) 647-4000
• Multicultural Information & Referral- (703) 533-3302
• Passport Information 1-877-487-2778/ 1-888-874-7793
• Visa Information 1-202-663-1225

Immigration and Naturalization

Immigration: Form request line: 1-800-870-3676
Immigration Information Line: 1-800-375-5283
Refugee Assistance Hotline: 703-746-5700
Timothy Catholic Church: (703) 378-7461
CASA de Virginia: (571) 421-2211 1455 Old Bridge Rr. Suite 203, Woodbridge, VA 22192

Health Department

Woodbridge (703) 792-7300
WIC Office (703) 792-7319/4703 appointment only
PWC Free Clinic (703) 499-9034/ (703) 496-9815 Fax: (703) 499-9240
Spanish: (703) 449-9191
Woodbridge Free Clinic (703) 792-7321/Tues. 3:30-Please call first: 24 hr recording
Woodbridge Children Dental (703) 792-7304
Free Clinic Dentist (703) 465-9818 Last Thursday of month 10am-12pm
Manassas (703) 792-6378 Thursday nights 4:30
5931 Lee Ave. Manassas, VA 20110
Manassas (old town) (703) 792-6300
PWC (703) 792-4700 or 703-792-7319
7751 Ashton Ave. Manassas 20109
Hospice of Northern Virginia (888) 865-2903; 2900 Telestar Court Falls Church, VA 22042
Georgetown South WIC (703) 792-7319
HealthLink: Manassas (703) 257-9770
Pediatric Primary Care Pro. (703) 792-7348/ (703) 277-7310
MCV 1-804-828-9000
Greater PWC Health Center: (703) 680-7950
Potomac Health Foundation (703) 730-4442
PW Health Partnership (703) 670-1340
PW Health System (703) 369-8248
PW Speech and Hearing Center (703) 670-8126
Sentara-Potomac Hospital (703) 670-1852
Manassas Midwifery and Women’s Health Center: (703) 330-3285
AAA Women 4 Choice (703) 330-9312 Pregnancy Health Facility Tues – Thur. 10am - 4:30pm, Fri 10am – 3pm, Sat 10am – 2pm
Health Van (703) 338-6678 must live in Woodbridge/Dale City. In church parking lot (St. Paul Methodist) Monday 9:30am-2:30pm by appointment only.
Greater Prince William Community Health Center & Primary Health Care Van: www.gpwhealthcenter.org
Woodbridge: (GPWCHC)
13792 Smoketown Road, Woodbridge, VA 22192
703-680-7950 x134

Revised March ___, 2019
The following information needs to be provided at your first visit.

1. Identification - Drivers licenses, passport, birth certificate.
2. Proof of residence in PWC, Cities of Manassas & Manassas Park
3. Proof of income include: tax return, pay stubs, SSI, TANF, SS child support, etc.

**Pregnancy Counseling and Assistance**

Birthright- Woodbridge: (703) 583-1178 Mon-Wed 10am-4pm, Thurs-Fri 10am-1pm, Sat 10am-12pm 4207 Dal Blvd. Woodbridge, VA 22193
Manassas: (703) 361-9769 Mon-Thurs 10am-2pm, Fri-Sat 10am-12pm10752b Ambassador Dr. Manassas, VA 20109
AAA Women for Choice- (703) 330-9312
CARENET pregnancy center- (703) 330-1300 Manassas; 703-670-5322 Woodbridge
Can provide pregnancy verification, but client must be prepared to participate in counseling program
Women’ Health Services- Manassas- (703) 792-6300 Woodbridge- (703) 792-7300

**Homeless (Unsheltered)**

Drop-In Center - (703) 897-0199
14730 Potomac Mills Rd. (The site of the Prince William Co. Winter Shelter)
Information & referral to shelters and other area helping agencies. On site services include food, clothing, showers, health services, employment services, 12- step meetings, mental health services, community support and bible study.

Hours: 6pm-7am
Winter Shelters -Woodbridge 703-680-5403 or (703) 897-0199
- Open November – March 31st
- Limited space (30 beds), first come first serve.
- Must line up at 6:30pm
- Must be at least 18 years old. No children allowed.

**Hotlines- Crisis** (24 hours per day, 7 days a week)

HELPLINE, ACTS- 703-368-4141 or 1-800-273-8255
Linea de Ayuda, ACTS (Spanish helpline): 703-368-6544 (M-F, 6PM-10PM)
No. Virginia Teen Hotlines
- Teen 24 hr./Crisis Hotline- 800-729-8336
- ACTS Teleteen- 703-368-8069
- Teens Helping Teens hotline 310-855- HOPE (4673) or 800-TLC-TEEN

Adult Helpline 1-88-823-3858 or 844-847-7879
RAINN (sexual assault hotline) - 1-800-656-HOPE (4673)

**Virginia Statewide Abuse & Neglect Hotlines**
Abuse on Adults- 888-832-3858 or 800-22-8000
Abuse on Children- 800-552-7096 (VA-after hrs.)/1-800-562-5624
Outside the state- 1-804-786-8536
Rape Hotline, Suicide Prevention Hotline- PWC, SAVAS/ACTS- 703-368-4141
Emergency Services Division- Crisis Intervention Services- 703-792-7800
  Walk-in hours: Mon.-Thur. 8am-8pm, Fri. 8am-5pm
The National Domestic Violence Hotline: 1-800-799-7233/TTY 1-800-787-3224
Hope House Domestic Violence Hotline: 540-373-9373
National US Child Abuse Hotline: 800-422-4453
Department of Defense Safe Helpline (sexual assault) - 877-995-5247
  Online Help- online.safehelpline.org
LoveisRespect (domestic violence): 1-866-331-9474
  Text- loveis to 22522
National Alliance on Mental Illness: 703-659-9983
Girls & Boys Town National Hotline: 800-448-3000
National Hopeline Network: 800-suicide
Suicide Prevention Hotline: 1-800-273-8255
National Youth Crisis Hotline: 800-442-4673
Sexual Assault Hotline: 1-775-221-7600
Veterans Crisis Line: 1-800-273-8255 *press 1*

**Housing**

PWC Office of Housing & Community Development Office- (703) 792-7530
  • Housing Choice Voucher Program.
  • Homeownership Program
  • HomeStride Program
  • Transitional Housing
  • Neighborhood Rehabilitation Program
City of Manassas & Manassas Park
  • Housing Choice Voucher Program, (703) 361-8277 x2317/2327
Prince William County Project Mend-A-House-(703) 792-7663/Fax: (703) 792-4094
  Mon-Fri.9:00-2:00/emailldirector@pmahweb.org
Consumer Protection Affairs Commission- (Tenant & Landlord issues answer questions)
Hotline: 1-800-552-9963 or 804-371-9967
Housing and Community Development- 15941 Donald Curtis Drive, Suite 112 Woodbridge, VA
  22191 Phone: (703) 792-7530 Email: Housing@pwcgov.org
Catholics for Housing: 703-221-4510
Habitat for Humanity 703-369-6708
Prince William County Housing and Community Development: 703-792-7530

**Housing Opportunities for Persons with AIDS/OTHER SERVICES**

Northern Virginia HIV Resources Project-(703) 642-4627/4638/4643-Ms. Tylee-resources;
Ms. Khalil -housing /www.novaregion.org/helping resources
Northern VA AIDS Ministry (NOVAM transportation services) - (703) 533-5505/Mon-Fri 8-4

**Housing-Transitional**

ACTS- 24 Helpline (703) 368-4141
SERVE- (703) 368-3612 City of Manassas
B.A.R.N- (703) 369-1325
Dawson Beach- (703) 492-0499

**Legal Assistance/Child Support, Custody & Visitation**

Legal Aid- (571) 482-2680
Lawyer Referral- 1-800-552-7977/1-800-610-7563
Child Support Enforcement-1-800-468-8894
Juvenile Intake- (703) 792-6210 (west end)
Juvenile Intake- (703) 792-7350 (east end)-Woodbridge east end of PWC
Court Advocacy (information, support and accompaniment to court): 703-792-4782
    Spanish: (703) 792-6232
Asian Pacific Legal Resource Center (legal resource for those of Asian Pacific island descent):
Phone: (202) 393-3572
Northern Virginia Legal Services (legal services for low income eligible persons)
Phone: (703) 368-5711
Potomac Legal Services (703) 532-2525
Prince William County Lawyer Referral Service (30 minute consultation for $35)
Phone: (703) 393-2306
Northern Virginia Family Service- 6400 Arlington Blvd, Suite 110, Falls Church, VA 22042
Phone: (571) 748-2800

**Mediation**

Office of Dispute Resolution- 9309 Center St., Suite 301, Manassas, VA 20110
Phone: (703) 792-4753
    • Marital and separation disputes, landlord/tenant, neighborhood, employer/employee,
      small claims, parent/teen conflicts
Virginia Consumer Affairs Tenant Landlord Relations- (800) 552-9963 Mon-Fri 8:30am-5pm
    • In Richmond or out of state (804) 786-2042

**Northern Virginia Family Services (No Financial Assistance)**

Woodbridge- (571 748-2500)/ (703) 490-3646
    info@nvfs.org
    • Family Counseling
    • Early Headstart & Healthy Families (press #1)
    • Transitional Housing
    • Pharmacy Central( press #2)
    • Dental (press #3)
• Dental Health (press #4)
• Family Loan Partnership
• Vehicles for Change (703) 392-4901 X 41

Parenting
Virginia Cooperative Extension- (703) 792-6288
   Parent Education Program 8033 Ashton Ave. Suite 105, Manassas VA 20109
   jstiles@pwgov.org
Parent Resource Center- (703) 791-8846 or (703) 791-7438

Pharmacy Central Program (Low–Cost Prescriptions)
Age 60 and above: Call Senior Center to schedule appointment:
Phone: (703) 680-7950
Wal-Mart $4 Generic Prescription Program: Visit your local Wal-Mart pharmacy for the $4
prescription program or www.walmart.com

Sexual Assault
ACTS Individual and group support; Mon-Fri. 9-5pm- (703)-497-1192
Alexandria SARA: 703-683-7273
Artemis Group:
    703-228-1550 (9am-5pm)
    703-228-4848 (5pm-9am)
DC Rape Crisis Center: 202-333-7273
Fairfax/ Falls Church Victim Assistance: 703-360-7273
SAVAS/ ACTS Hotline: 703-368-4141
SAVAS (Sexual assault victims' advocacy service): 703-497-1192
Virginia Family Violence & Sexual Assault Hotline: (800) 838-8238
Sexual Assault Response and Awareness Office on Women
    421 King St., Suite 400, Alexandria VA 22314 (703) 838-5030
    Hotline: (703) 683-7273
Violence Intervention Program
    Arlington VA- Phone: 703-228-1515 Crisis Hotline: 703-228-4848 TDD: 703-228-5242
Sexual Assault Victims' Advocacy Services
    Prince William County PO Box 4783Woodbridge, VA 22194
    Phone: (703) 497-1192 (Prince William County)
    Hotline: (703) 368-4141 (ask for a SAVAS companion)

Suicide Prevention
ACTS Surviving after suicide support group- (703)-368-4141
ACTS traumatic death support group- (703)-441-8606 ext. 214
National Suicide Prevention Lifeline- 1-800-273-8255
Mental Health Crisis Hotline: 1-800-442-4673
Transportation

Security Care, Inc. - (703) 361-0877
Omni Link- (703) 730-6664 or 888-730-6664
LogistiCare Virginia Medicaid (State FFS Program): 1-866-386-8331
Veteran Enhanced Transportation Services (V.E.T.S) - for veterans and their spouses age 55 and older Phone: 703-792-6374
Potomac, Rappahanock, Transportation Commission: 703-580-6121
Vehicles for Change: (703) 392-4901
Virginia Railway Express (VRE)
  Broad Run Airport Station 10637 Piper Lane Manassas, VA 20101
  Manassas Station 9451 West St. Manassas, VA 20101
  Manassas Park Station 9300 Manassas Drive Manassas Park, VA 20101
  Headquarters 1500 King St. Suite 202 Alexandria, VA 22314 Phone: 703-684-1313

Tutoring

Boys & Girls Club
  • Woodbridge Office- (703) 670-3311; daycare, before & after school care
  • Manassas Office- (703) 365-2582/ Homework help Tues-Fri 3-5p.m.; before & afterschool care
  • Dumfries- (703) 441-0611; before & after school care no tutoring
Literacy Volunteers of American- (703) 670-5702

Veterans

General Dept. of Veterans Affairs: 1-800-827-1000; Toll free for GI Bill (Education) 1-888-442-4551
Virginia Dept. of Veterans Services: (804) 786-0286/ (703)-359-1210
Veterans Affairs Medical Center: 202-745-8000
Veterans Crisis Line: 1-800-273-8255 press 1; Insurance information 1-800-829-4833

Weatherization

Weatherization Program- Susan Hill (804) 371-0671/ Nancy Palmer (804) 371-7102
Community Housing Partners Corporation Energy Services Division- 540-665-0200
CHP Energy Solution Northern VA- 540-665-0200
<table>
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<tr>
<th>SHELTER/TRANSITIONAL HOUSING</th>
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| **ACTS- Beverly Warren Shelter**  
(703) 221-3188  
17866 Main Street  
Dumfries, VA 22026  
Families & Singles-18 beds | **SERVE, INC**  
703-792-3366  
10056 Dean Drive  
Manassas, VA 20110  
Families & Singles-92 Beds |
| **Hilda M. Barg**  
Homeless Prevention Center  
(703) 792-8810; Fax (703) 680-1765  
14945 Jefferson Davis Highway  
Woodbridge, VA 2219  
Families & Singles-30 beds | **BARN Transitional Housing**  
(703) 369-1325; Fax (703) 392-5415  
9541 Linton Hall Road  
Bristow, VA 20136  
Barninc.org  
• Fadama – Case Manager  
• Self Referral  
• Up to 12 families at a time |
| **Thurman Brisben Shelter**  
(540) 899-9853  
471 Central Road or PO BOX 1295  
Fredericksburg, VA 22402  
Single Men- 28, Single Women- 20,  
Families- 32 (60 beds total) | **Dr. A.J. Ferlazzo Building/  
Dawson Beach Transitional Housing**  
(703) 792-7530/ Fax (703) 492-0499  
15941 Donald Curtis Drive Suite 112  
Woodbridge, VA 22191 |
| **Catholic Charities Transitional Housing**  
(St. Margaret of Cortona)  
(703) 910-4845  
• Must be able to work.  
• Do not accept persons who receive disability  
(Christ House)- Men’s Housing  
(703) 549-8644  
• 14 beds | **The Bill Mehr Drop-In-Center**  
(703) 792-7648  
14716 Potomac Mills Rd. Woodbridge  
Mon-Fri 7am-12pm, Sat. 7am-10am |
| **Overnight Shelter**  
(703) 897-0199  
14730 Potomac Mills Rd. Woodbridge  
6pm-7am  
47- beds | **ACTS- Women Empowerment Center**  
(703)- 884-2285  
188111 Kerrill Rd. Triangle, VA 22172 |
| **Hope House**  
(540) 371-0831/ Fax: 1-(540) 371-0831  
902 Lafayette Boulevard, Fredericksburg, VA 22401 | **Micah- Hospitality Center**  
540-479-4116  
1013 Princess Anne St., Fredericksburg VA 22401 |
| **Micah- Respite House**  
(540) 479-8301  
1512 Princess Anne St., Fredericksburg, VA 22401 | **Micah- Cold Weather Shelter**  
(540) 361-7808  
748 Kings Highway, Fredericksburg, VA 22405 |
Food Pantries

**Bull Run Unitarian Universalists:** Food Pantry- Every other Tuesdays from 9:30am- 1pm,
Every 3rd Thursday 12-2pm
Phone: 703-361-6269/ Fax: 703-392-7995; 9350 Main Street, Manassas, VA 20110

**Yeshua Church of God in Christ Food Pantry:** 2nd Saturday of every month 9am-12pm
Phone: 703-369-0306; 8671 Phoenix Dr., Manassas, VA 20110

**Prince William SPCA Pet Food Pantry:** Mon/Tues/Thurs/Fri -10am-1pm and 4pm;
Wednesday 5pm-7pm; Saturday am-1pm
Phone: 703-257-8009; Manassas City Animal Adoption Center, 10039 Dean Dr., Manassas, VA 20110

**Sacred Heart Catholic Church:** Food & Clothing Pantry Saturday mornings from 8:15am -9:30am
Contact: Dianna Anderson: 703-590-00330
Phone: 703-590-0030; 12975 Purcell Road, Manassas, Virginia 20112
Clothing pantry prices range .50-$1, except new items

**Haymarket Regional Food Pantry:** Tues/ Thurs 6pm-8pm; Saturday 9am – 12pm
Phone: 703-350-6083; 6611 Jefferson Street Haymarket, VA 20169

**House of Mercy:** Mon-Fri 10am-4pm and Wednesday11am-6:30pm; Phone: 703-659-1636
8170 Flannery Court Manassas, VA 20109

**Faith Baptist Church:** Food Pantry- Phone: 540-439-0310; 11615 Marsh Road, Bealeton, VA 22712

**Manassas Baptist:** Food pantry and clothing bank 703-361-2146; 8730 & 880 Sudley Rd.,
Manassas VA 20110

**The Life of Church Manassas Food Pantry:** 703-330-0881; 11234 Balls Ford Rd., Manassas,
VA 1st and 3rd Thursday at 6pm

**Where else can I get help?**

ACTS (Action in the Community Through Service) offers a number of services:
Manassas Office: 9317 Grant Ave, Manassas VA, 20110 (703)-441-8606 (by appt.)
Main Campus: 3901 Acts Ln. Dumfries VA, 22026
- Acts may also be able to support those through Prescription Assistance and provided the resources of a health and wellness program.
- If ACTS is unable to provide assistance, contact Prince William Area Continuum of Care’s Coordinated Entry System (703) 792-3366; 9am-9pm
  - Emergency shelter, rapid re-housing, permanent support
• Support Groups for Women (small groups focus on safety, stress, self-esteem, goal setting, healthy relationships, parenting and resources) Phone: 703-221-4460
• Support Groups for Children (individual and group support to children who have witnessed abuse) Phone: 703-221-4460
• Programs for Men (support and counseling to help take control of emotions and responsibility for behaviors) Phone: 703-221-4460

Behavioral Intervention Program (participants learn to identify their triggers and change their unhealthy reactions to more healthy responses) Phone: (703)-221-4460

ACTS Rape Aggression Defense (RAD) Classes: Maggie Perez Phone: (703)-497-1192

Risk Reduction Presentation for schools: Terry Swirchak Phone (703)-497-1192

Darkness to Light’s Stewards of Children (sexual abuse prevention): Lydia Teutsch Phone (703)-497-1192

Rapid Re-Housing Program: Phone: (703)-649-2807

NAMI (national) Information Line: Phone: (703) 950-6264

Affordable Housing Program: Phone: (703)-884-2285

Permanent Supportive Housing: Program (COMING SOON)

St. Timothy Parish: 703-378-7461

Catholic Charities
Free Medical Clinic 9380 Forestwood Lane, Unit B Manassas, VA 20110, Phone: 703-335-2279Hours: Mon. 8-4:30pm, Tuesday/ Thursday 8-3:30pm, Wednesday 12:30-7pm
Counseling: All Saints 9300 Stonewall Rd, Manassas, VA 20110 Phone: 703-425-0109

The Women’s Center: (support, self-sufficiency education, legal information): Phone: 703-281-2657; 133 Park St. Ne, Vienna, VA 22180

Department of Social Services: Woodbridge (703)792-4300 Manassas (703) 792-7500 Manassas City (703) 361-8277 Manassas Park (703) 335-8880
  • food stamps {SNAP}, Medicaid, Temporary Assistance to Needy Families for those eligible

SERVE: Regional Housing Assistance Program (RHAP): Offer intensive housing case management Phone: 571-748-2552
  Long-Term Assistance: Provides ongoing financial assistance for rent, but offered just to people living with HIV/AIDS. Tenants pay either up to 30% of adjusted income or 10% of gross income for their rent, whichever is higher.
Short-Tern Assistance: Provides financial services to individuals with unexpected emergencies or health related issues. (Client must be living with HIV/AIDS)
Eligibility: Clients must be unstably housed

Tahirih Justice Center (provides assistance to immigrant women): 571-282-6161
Victim Services (PWC): 804-73-2753/ Fax 804-862-356 Mon-Fri. 8:30-5pm
GFWC Dominion Women’s Club: 703-732-8539
Manassas/Manassas Park Disabilities Services Board: 703-335-9041
Manassas Department of Family Services: 703-361-8277
National Counseling Group: 540-497-2722
Neighbor’s Keeper: 703 994 3883
Nonprofit Roundtable of Washington: 202-955-6187
Phoenix Family Counseling & Play Therapy Center: 571-248-0626
Prince William Community Services: 703-792-7440
Prince William County Sheriff’s Office: 703-792-6070
Prince William Court Services Unit: 703-792-6210
The Skillsouce Group, Inc.: 703-586-6542
United Way of the National Capital Area: 202-488-2047
Virginia Cooperative Extension: 703-792-4763
Voluntary Action Center: 703-365-5292

Homeless Shelters

Northern Virginia Homeless Shelters

Alexandria Community Shelter: 703-746-3660; 2355-B Mill Rd., Alexandria, VA 22314

ALIVE House: 703-684-1430; 2723 King St., Alexandria, VA 22302-4008 (headquarters)

Carpenter's Shelter: 703-548-7500; 930 N. Henry St. Alexandria, VA 22314

Christ House: 703-549-8644; 131 S. West St., Alexandria, VA

Doorways for Women & Families: 703-504-9400; P.O. box 100185 Arlington, VA

Arlington-Alexandria Coalition for the Homeless (AACH): 703-525-7177 (office); 3103 9th Rd., N. Arlington, VA 22204

Arlington DHS Community Assistance Bureau: 703-228-1300; 2100 Washington Blvd., 1st floor
Arlington, VA

Culpeper Housing & Shelter Services (CHSS): 540-825-7434 (office); 602 S. Main St., Suite 3
Culpeper, VA 22701

Baileys Crossroads Shelter: 703-820-7623; 3525 Moncure Ave., Falls Church, VA 22041

Revised March ___, 2019
Eleanor Kennedy Shelter New Hope Housing: 703-799-0200; 9155 Richmond Hwy. Fort Belvoir, VA 22060

Embry Rucker Community Shelter (ERCS): 703-437-1975; 11975 Bowman Towne Dr. Reston, VA 20190-70 beds

Katherine K. Hanley Family Shelter: 571-522-6800; 12970 Katherine Hanley Ct., Fairfax, VA 22030

New Hope Housing: 703-746-5700; 3516 Lockheed Blvd. Alexandria, VA

Patrick Henry Family Shelter: 703-536-2155; 3080 Patrick Henry Dr. Falls Church, VA 22044

Fauquier Family Shelter Services: 540-351-0130; 95 Keith St. Warrenton, VA 20186

Thurman Brisben Center: 540-899-9853; 471 Central Rd., Fredericksburg, VA 22401

Good Shepherd Alliance: 703-724-1555 (office); 20684 Ashburn Rd. Ashburn, VA 20147 (headquarters)

Volunteers of America Loudoun Emergency Shelter: 571-258-3033; 19520 Meadowview Ct. Leesburg, VA 20175 (24/7) Contact: Beth Diggers

Volunteers of America Loudoun Men’s Shelter: 571-258-3033; 19520 Meadowview Ct. Leesburg, VA 20175 (24/7)

ACTS Shelter: 703-221-3188 17866 Main St., Dumfries, VA 22026

Volunteers of America- Hilda M. Barg Homeless Prevention Center: 703-680-5403; 14945 Jefferson Davis Hwy. Woodbridge, VA 22191

SERVE Family Shelter: 703-792-3366 10056 Dean Dr., Manassas, VA 20110

St. Margaret of Cortona: 703-910-4845; 1421 g St., Woodbridge, VA 22191 smc@ccda.net