



## **Community Resource Guide 2020**

### **Food, Clothing and Housing Resources**

#### **ACTS**

Main Campus: 3901 Acts Ln. Dumfries, VA 22026

Manassas: 9317 Grant Ave. Manassas, VA 20110

Phone: 703-441-8606/ 703-221-3186/ Fax: 703-221-0662

Email: [info@actspwc.us](mailto:info@actspwc.us)

Emergency Assistance

Hours: Monday 1-3pm (by appointment) (serves PWC east end only)

Food assistance- Hunger prevention center & utility assistance

Hours: Monday 9-11:30am, 1-3pm, Tuesday 1-3:30pm, 5-6:30pm, Wednesday closed,

Thursday 9-11:30am, 1-3pm, Friday 9-11:30am

- Documentation needed in addition to the documentation listed below;
- Lease/ Mortgage papers, pay stubs/ benefits letter
- For financial help & cut off notices please bring the following: (1<sup>st</sup> come 1<sup>st</sup> serve)
- Proof of income for whole household (SSI, Work, Child Support etc.),
- Household verification (Birth Certificate, Social Security Card, mail- last 30 days)
- Picture ID, Proof of address if different from ID.
- Bring disconnect notice for utilities & eviction notice for evictions.
- Assistance in medical and health care- discounted or free emergency prescriptions and medications

**Capital Area Food Bank** 6833 Hill Park Dr. Lorton, VA

Phone: (5710-482-4770

[www.capitalareafoodbank.org](http://www.capitalareafoodbank.org)

**Catholic Charities** (Located in Alexandria Serves all of Northern VA (except Reston and Herndon) including Roanoke)

Emergency Phone: 703-548-4227 –press “5”/Fax 703-549-1656

Email: EA-CH@cdda.net

Monday-Friday 10am to 2pm are intake hours. **You must call first to be screened for help.**

- Rent, subsidized housing for rent, prescriptions, utilities, clothing and food.
  - Food assistance: Wednesday and Thursday 9-1pm
  - Clothing assistance: Thursday 10-12pm
  - Financial Assistance: By appointment Monday-Friday 9-2pm

**Chapel Springs Church**

5294 Lyngate Court

703-368-2895

Burke, VA 22015

- Food and Clothing Pantry, Wednesday 12pm-3pm

**First AME Church of Manassas** (serve City of Manassas and Manassas Park & PWC)

10313 South Grant Ave.

703-361-8791

Manassas, Virginia 20110

- Monday –Friday 10am to 4:30pm
- Food Pantry
- Rent (evictions an 5 day pay or quit only)
- Utilities (cut of notice only)

**Manassas First Baptist Church**

9258 Center Street

703-368-2935

Manassas

- Hot lunch & dinner Tuesdays and Thursdays

### **Manassas Baptist Church**

8730 Sudley Road

703-361-2146

Manassas, Virginia 20110

- Food & Clothing Pantry Wednesdays 6pm
- Clothing is offered on a first come and served basis to those that qualify. 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month. There may be suits for work, school supplies, notebooks, book bags, and general, every day clothes.

### **Manassas St. Thomas United Methodist Church**

(serves Manassas City, Manassas Park and PWC)

8899 Sudley Rd

Manassas, VA

703-368-5161

- Food Pantry: Saturday mornings 9:00a.m.-11:30a.m. (need ID)
- Limited emergency financial assistance (Thursdays by appointment only)

**Northern Virginia Family Service of Prince William** 10056 Dean Dr. Manassas, VA 20110 Phone: (571)748-2600

Food bank available, most support will be around self-sufficiency and benefits. Financial aid is also arranged around housing, energy cost, and job placement

### **SERVE**

Food Assistance

Campus Phone: 571-748-2600 (Manassas, Manassas Park, Prince William)

Contact: 571-748-2680

Mon. 1-3pm, Tues. & Thurs. 9:30-11:30am/ 1-3pm, Wed. 5-7:30pm, Fri. 9:30-11:30am

Shelter, Housing, Utilities: (703)-792-3366

Email: [CE@pwcgov.org](mailto:CE@pwcgov.org)

Assistance Email: [Shutdown@nvfs.org](mailto:Shutdown@nvfs.org)

NVFS Headquarters: 571-748-2500/ [info@nvfs.org](mailto:info@nvfs.org)

For financial help & cut off notices please bring the following:

- Proof of income for whole household (SSI, Work, Child Support etc.)
- Picture ID, Proof of address if different from ID.
- Proof of residency in Prince William County, City of Manassas, or City of Manassas Park
- Bring disconnect notice for utilities & eviction notice for evictions.

- Proof of rent & utilities allowance from Housing Choice Voucher program (section 8)
- Some prescription assistance available when funds are available.

**Additional Food pantries (no days/times noted):**

**American Red Cross: 703-368-4511**

**Holy Family Food Assistance: 703-730-1791**

**Salvation Army, Prince William: 703-580-8991**

**St Francis House: 703-221-6344**

**St Vincent: 703-368-2429**

**WhyHunger Hotline 1-800-5-HUNGRY**

- Referrals to food pantries, soup kitchens or other organizations
- Text zip code to 1-800-548-6479

**Coordinated Entry for Housing Crisis**

The Coordinated Entry System for the Prince William Area (Prince William County and Cities of Manassas & Manassas Park) (CES) is an organized way to help the residents of the Prince William area who experience a housing crisis. The goal is to provide fair and equal access to safe housing and/or services.

Call CES if you are a Prince William area resident who:

- Has received an eviction notice.
- Is behind on your rent.
- Has been asked to leave a relative/friend's house and has nowhere else to go.
- Is currently living in the woods or your car.
- Is assisting others to prevent homelessness.

Call **703-792-3366** to inform us of your circumstances, and Information Specialists will identify your needs and then assist you to access resources.

**Department of Social Services SHARE (Homeless Intervention Program) HIP**

Phone: (703) 792-7648

7987 Ashton Avenue, Suite 200, Manassas, Virginia 20109

Assist with rental payments, security deposits and mortgage assistance. Also runs Manassas Housing Trust Fund PWC Homeownership Assistance Program (HAP).

## Counseling/Psychiatry Services

Calvary Counseling Center  
9533 School Street  
Manassas, VA 20110  
703-530-9800

Center for Pastoral Counseling of Virginia  
10047 Nokesville Rd  
Manassas, VA 20110  
703-903-9696

Centreville Counseling Center  
5675 Stone Rd, Suite 210  
Centreville, VA 20120  
703-817-0209

Child and Family Counseling Center  
13649 Office Place Suite 102  
Woodbridge, VA 22192  
703-670-5738

Child, Adolescent and Adult Psychiatry  
Dr William McGlothlin, MD  
8421 Dorsey Circle, Suite 102  
Manassas, VA 20110

Community Services Board-Prince William  
County  
7969 Ashton Ave  
Manassas, VA 20110  
703-792-7800

Compassionate Friends  
Prince William Chapter  
(Bereavement Support only)  
Buckhall United Methodist Church  
10251 Moore Dr  
Manassas VA 20110

Counseling Associates  
8401 Dorsey Circle Suite 201  
Manassas, VA 20110  
703-330-5155

Crossroads Counseling Center  
7547 Presidential Lane  
Manassas, VA 20110  
703-361-1525

Evergreen Behavioral Health  
10391 Greyson Lane  
Rixeyville, VA 22737  
540-937-4923

Family Insight  
7730 Donegan Dr  
Manassas, VA 20109  
571-208-0592

Family Psychiatric Associates  
4349 Ridgewood Center, Suite 101  
Woodbridge, VA, 22192  
703-897-8970

Greater Prince William Health Center  
9705 Liberia Ave, Suite 201  
Manassas, VA 20110  
703-680-7950

Multicultural Clinical Center  
6563 Edsall Rd  
Springfield VA 22151  
703-354-0000

National Counseling Group  
9301 Forrest Point Circle  
Manassas, VA 20110  
703-257-5997  
703-930-8754

Novant Behavioral Health  
8680 Hospital Way  
Manassas, VA 20110  
703-369-8055

Phoenix Counseling Group  
8509 Sudley Rd, Suite 201  
Manassas, VA 20110  
571-248-0626

Prince William Family Counseling  
8140 Ashton Ave, Suite 200  
Manassas, VA 703-330-9933

Psychological and Life Skills Associates  
13885 Hedgewood Dr Suite 245  
Woodbridge, VA 22193  
703-490-0336

Therapeutic Alliance  
7771 Ashton Ave  
Manassas, VA 20109  
703-492-2686

Trauma and Hope  
5417-C Backlick Rd  
Springfield, VA 22151

Victoria Transcultural Clinical Center  
3541 Chain Bridge Rd, Suite 204  
Fairfax, VA 22030  
703-218-6599

Youth for Tomorrow  
11835 Hazel Circle Drive  
Bristow, VA 22193

## Community Resources

### **Agency on Aging-Prince William County**

5 County Complex, Suite 240  
Woodbridge, VA 22192

703-792-6374

- Services assessments
- Personal Care assistance
- Meals on Wheels
- Transportation Services
- Senior Care/Senior Centers

### **Boys and Girls Club**

9501Dean Park Ln  
Manassas, VA 20110

703-365-2582

- Social Programs
- Sports and Recreation
- After School programs
- Summer Camp

### **CASA**

9384-C Forrestwood Ln  
Manassas, VA 20110

703-330-8145

### **ENDepedence Center of Northern Virginia (ECNV)**

3100 Clarendon Blvd  
Arlington, VA 22201

703-525-3553

- Advocacy
- Information and Referral
- Independent Living Skills
- Support Groups
- Personal Assistant Services

### **HIDTA**

7969 Ashton Ave

703-792-7743

Manassas, VA 20109

Spanish:

703-792-7837

- Community Partnership to promote youth and responsibility through skills development

**Georgetown South Community Center**

9450 Taney Rd

703-361-4500

Manassas, VA 20110

**Legal Services of Northern Virginia**

9240 Center St

571-482-2680

Manassas, VA 20110

- Free Legal services for low-income, children and family, elderly, and disabled residents

**Manassas City Department of Social Services**

9324 West St

Manassas, VA 20110

- Assisting with Basic Needs
- Child Protective Services
- Provides Information and Referrals to Community Resources

**National Alliance for Mental Illness (NAMI) [www.nami.pw.org](http://www.nami.pw.org)**

- 703-659-9983
  - 2300 Opitz Blvd  
Woodbridge, VA
- 571-437-45-79

**National Bilingual Hotline**

By the National Alliance for Hispanic Health

1-866-783-2645

- Basic Health Information
- Referrals
- State Children's health Information

**Prince William County Career Resource Center**

703-792-4090

**Prince William County 31<sup>st</sup> District Court Services**

9540 Center Street



Manassas, VA 20110  
703-792-6200 (Office)

**Virginia Employment Commission**

13370 Minnieville Rd  
Woodbridge, VA 22192

703-897-0407

- Unemployment Claims
- Job Resources

**Virginia Cooperative Extension Services:**

8033 Ashton Ave Suite 105  
Manassas, VA 20109

- Parenting Classes 703-792-6288
- Spanish Language Line 703-792-5940
- 4H Youth Program Information 703-792-4371

**Women's Center**

133 Park Street NE  
Vienna, VA 22180

703-281-2657

- Support groups
- Domestic Violence and sexual assault services
- Affordable counseling by appointment
- Education and career services

**Foreign Born and Multicultural Services**

**Hogar Hispanic Catholic Charities**

8251 Shoppers Square  
Manassas, VA 20111

571-208-1571

- English and citizenship classes

6301 Little River Turnpike, Suite 300 703-534-9805  
Alexandria, VA 22312

- Legal services

Interpretation and translation

**Victoria Transcultural Clinical Center**

3541 Chain Bridge Rd. Suite 204                      703-218-6599  
Fairfax, VA 22030

- Multi-language, home-based and outpatient mental health services

**Immigration Information Hotline**                      1-800-375-5283

**Multicultural Information and Referral**                      703-533-3302

**Passport Information**                      1-877-487-2778

**Visa Information**                      202-663-1225

**US Citizenship and Immigration**                      1-800-870-3676

**Ex-Offender Resources**

**Assistance for Families of Inmates**

804-643-2401

- Adult facilities Transportation programs
- Support programs and resources
- [www.afoi.org](http://www.afoi.org)

**Opportunities, Alternatives & Resources (OAR)**

10700 Page Ave Suite 200                      703-246-3033  
Fairfax,VA 22030

- Pre-release and post-release services to help individuals reintegrate into the community

**Office of Criminal Justice Services**

9540 Center St., Suite 301                      703-792-6065  
Manassas, VA 20110

**Virginia CARES, Inc**

The Commonwealth's Statewide Reentry Solution 540-342-9344  
108 Henry St NW (Third Floor)  
Roanoke, VA 24016

## **Substance Abuse**

### **Al-Anon-Alateen**

8569 Sudley Rd Suite A  
Manassas, VA 20110

877-339-8350  
1-888-425-2666

- Support groups

### **Alcoholics Anonymous (AA)**

Northern Virginia Intergroup  
Central Office

703-876-6166

- [www.aa.org](http://www.aa.org) for local meetings or online meetings

### **Greater Prince William Health Center**

9705 Liberia Ave, Suite 201  
Manassas, VA 20110

703-680-7950

- Outpatient services for adolescents and adults

### **Living Free Health Services**

4306 Evergreen Ln Suite 204  
Annandale, VA 22003

703-750-1292

- Adult outpatient Substance abuse treatment
- Opioid Detox
- Anger Management

### **New Dawn Drug Counseling**

8773 Mathis Ave  
Manassas, VA 20110

703-369-2199

- Drug testing
- Rehabilitation
- Case Management

**New Horizons**

Community and Public School Based Programs  
7969 Ashton Ave 703-792-7800  
Manassas, VA 20110

**National Drug Treatment Referral and Information Services****1-800-662-4357**

- 24/7 Helpline

**Narcotics Anonymous (NA)**

PO Box 4164 1-800-543-4670  
Manassas, VA 20108  
[www.na.org](http://www.na.org) to find local or online meetings

**Novant Behavioral Health**

8680 Hospital Way 703-369-8464  
Manassas, VA 20110  

- Inpatient programs for adults

**National Helpline for Substance Abuse: 1-800-262-2463****Alcohol and Drug Abuse Hotline: 1-800-821-4357****Alcohol Treatment Referral Hotline: 1-800-252-6465**

## **Crisis Contacts**

**National Suicide Prevention Hotline: 1-800-273-(TALK)8255****National Human Trafficking Resource Center: 1-888-373-7888**

- Text Help to 233733
- [Humantraffickinghotline.org](http://Humantraffickinghotline.org)

**National Sexual Assault Hotline: 1-800-656-4673****National Runaway Safeline: 1-800-RUNAWAY****Community Services Board (CSB)**

**Emergency Services: 703-792-7800**  
8033 Ashton Ave

Manassas, VA 20109

- Emergency evaluation to determine need for inpatient psychiatric admission and treatment
- 24 hour response to community members experiencing a crisis related to mental health, substance abuse, and or intellectual disability

### **Children's Regional Crisis Response (CR2)**

**Mobile Crisis Team for Northern Virginia: 844-627-4747 or 844-N-CRISIS**

- **24 hour rapid response for youth (17 and younger) experiencing a mental health or substance abuse crisis**
- **Phone screening and face-to face assessments**
- **Care coordination and safety planning**
- **Bi-lingual counselors**
- **No cost to families**

**Crisislink: 703-527-4077**

- **24/7 Support**
- **Free and confidential**
- **Provides information about mental health and other community resources**
- **Text CONNECT to 85511**

**ACTS Sexual Assault Services Helpline: 703-368-4141 (24/7 Helpline)**

- **Immediate crisis support due to sexual assault or abuse**
- **ACTS Teleteen 703-368-8069**
- **Main # 703-497-1192**

**Domestic Violence Hotline 24/7 Support: 703-221-4460**

## **Healthcare Services**

**Greater Prince William Health Center**

9705 Liberia Ave #201

Manassas, VA 20110

703-680-7950

- **Medical**

- Pediatric
- Dental
- Ob/Gyn
- Behavioral Health
- Substance Abuse
- Transportation
- Medicaid Accepted
- Sliding Scale

**Free Community Health Clinic**

99 Tremont St

Manassas Park, VA 20111

703-993-5880

703-335-8872

- Tuesdays 7:30-3

**Prince William Area Free Clinic**

13900 Church Hill Dr

Woodbridge VA 22191

703-499-9034

- Primary Care
- Dental
- Pharmacy
- Behavioral Health

**Prince William County Department of Health**

Free Clinic

Prince William Health District

9301 Lee Ave

Manassas, VA 20110

- Non-emergency medical services
- Dental Care
- Immunizations

**Mother of Mercy Free Clinic**

**Catholic Charities**

9380 Forrestwood Lane Unit B

Manassas, VA 20110

703-335-2779

- Free medical Clinic
- Serves Adults and Children

### **Heathy Families Program**

Northern Virginia Family Services

571-748-2743

- Parenting education for first time parents
- Referrals and resource coordination

### **Northern Virginia Family Services**

SERVE Campus

10056 Dean Dr

Manassas, VA 20110

571-748-2600

703-368-2979

- Dental care referrals for low-cost dental

### **Juvenile Diabetes Research Foundation**

202-371-0044

- Provides education and support to people with diabetes

### **Family Access to Medical Insurance Security**

(FAMIS)

1-855-242-8282

[www.coverva.org](http://www.coverva.org)

### **Virginia Medicaid**

1-855-635-4370

[www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov)